



St. Elizabeth's
HOSPITAL

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For more information contact:

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**Get Trained to Save a Life.
St. Elizabeth's Hospital offers community CPR course on July 13.**

Belleville – All you need are your hands and a few hours of training to learn how to help save someone's life. Performing effective CPR immediately after someone suffers cardiac arrest can double his or her chance of survival.

St. Elizabeth's Hospital and the American Heart Association are offering a Friends and Family CPR course to the public on **Wednesday, July 13**. The course will be held at the hospital's main campus, 211 S. Third Street in Belleville, in the Clinical Education Classroom 1604 beginning at 6:30pm. There is a minimal fee of \$10* for participants and registration is required by calling 618-234-2120, ext. 1480. *The fee is waived for HSHS employees.

Don't take CPR for yourself. Take it for your family or friend who may need your help in a life-threatening situation.

Please note, this course is a community course and does not meet CPR certification requirements for employment or required professional credentials.

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About Hospital Sisters Health System

Hospital Sisters Health System is a Roman Catholic health care mission founded to continue the healing ministry of Jesus Christ. Sponsored by the Hospital Sisters of St. Francis, HSHS provides state-of-the-art health care framed in traditional values taught by St. Francis and St. Clare of Assisi. It is dedicated to serving all people, including the poor and the needy, at each of its 13 Local Systems and physician practices in Illinois (Belleville, Breese, Decatur, Effingham, Highland, Litchfield, Springfield and Streator) and Wisconsin (Chippewa Falls, Eau Claire, Sheboygan and two in Green Bay). For more information about HSHS, visit www.hshs.org.