



**St. Elizabeth's Hospital
Marketing Department**

211 S. Third St., Belleville, IL 62220

For more information contact:
Kelly Barbeau, Marketing Specialist at
618-234-2120, x1270

FOR IMMEDIATE RELEASE

OCTOBER 4, 2010

**AREA HOSPITALS TO SPONSOR 'SHE FEST'
OCTOBER 16 AT ST. CLARE CHURCH, O'FALLON**

Belleville, IL - Women health professionals from the three Hospital Sisters Health System Southern Illinois Division hospitals—St. Elizabeth's in Belleville, St. Joseph's in Breese and St. Joseph's in Highland—will offer a “women's health fair with a twist!” when they host the first “HSHS SheFest Healthy-Empowered” from 10 a.m. to 1 p.m. **Saturday, October 16**, at St. Clare of Assisi Catholic Church, 1411 Cross St., O'Fallon.

Highlighting the event will be health- and food-related presentations; free screenings for total cholesterol, blood glucose (blood sugar) and blood pressure; flu shots (\$25—supply limited); car seat checks; mini-chair massages; vendor booths; prize drawings and refreshments.

Of special interest will be tours of the church, dedicated Sept. 30, 2007, and a book signing by Margie Heinzmann of Breese, author of “Cancer – My First 20 Years.”

Featured speakers will include perinatologist Joseph Shumway, MD, at 10:15 a.m. discussing preconception; obstetrician/gynecologist Penny Gozia, MD, at 11 a.m. on health care for the female adolescent; surgeon Julie Lorber, MD, at 11:45 a.m. on breast health; and an

Eckert's Country Store and Garden Center representative at 12:30 p.m. on "Celebrating the Fruits of Fall."

Flu shots will be available at \$25 (no charge if a recipient of Medicare Part B). Individuals receiving a flu vaccine must be 18 years of age and a receipt will be provided that can be submitted for reimbursement.

A number of vendors are also scheduled to attend including Athletes Advantage, Beautiful Control In-Home Spa, Blessing Baskets, Circle of Hope Bracelets, Mische Purses, New Dimensions Plastic & Reconstructive Surgery, Pampered Chef, Silpada Designs, St. Clair County Health Department, Tastefully Simple, Thirty One and Tiny Trends.

Admission to SheFest is free; pre-registration is not required.

###